



Sharing, Giving and Caring



Volume 17

The Newsletter of the Sandwich Food Pantry

Fall 2018

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Fall 2018

From the Director

It has been a very busy year at the Sandwich Food Pantry, and we are grateful for those who have been by our side to help us through these busy times. We have instituted new programs, gained some new sponsors and rearranged our waiting area in order to better accommodate our clients.

The holidays are upon us, and there is much more work to do. We are currently serving 300 families for 1300 visits this year to date; over 9,000 bags of groceries were distributed, and 170 deliveries were made to homebound clients.

Our 60- plus wonderful and dedicated volunteers served our clients kindly and well. One of our volunteers has created a unique alarm system which notifies us by text if our cold storage equipment fails. We recently had to replace a freezer which failed—luckily, one of our volunteers caught it and we did not lose all of our product. Another volunteer was instrumental in helping a client find work.

We are constantly striving to improve our services and accommodate more of our neighbors in need. We are also striving to keep our donors informed as we feel that they would appreciate knowing what happens to the monies that are donated to us each year.

Gigi Ridgley



Volunteers, left to right: Michael Brownell, Dennis Driscoll, Ken Mooney, Sue Driscoll, Donna & William Kenyon. Photo by Bob Nichols

Thanks to Stuff a Cruiser Volunteers

The Sandwich Police and volunteers sponsored the seventh annual Stuff– A Cruiser on June 23rd. The police department and volunteers raised over \$1,100 and received over 90 large boxes of food and hygiene supplies which will be provided to community clients each week. Thank you to all the generous citizens who donated food and funds to help the less fortunate among us.

From The Sandwich Police Department:

Officer Brian Bondarek and School Resource Officer Christa Cabral

From the Sandwich Citizens' Police Academy Alumni:

President Mike Miller, Nancy & Carl Rose, Bernard Ferioli, Gary Gronlund, Michael Brownell, Charlie Holden, Donna & John Leiss, Pam Lungarini, Ken Mooney, Jeanne Nichols, Bob O'Connor, Sue & John Vibberts, Roger Barrett, Roger Barrett, Jr., Sue & Dennis Driscoll, Hillary Gaffney, Jerry Nye, Jeff Pickard, and Susan Violette.

The Ridge Club Raises \$21,000!

The Ridge Club and its members came together for the 5th Annual Golf Tournament on August 28th to create the biggest fundraiser in the history of the Sandwich Food Pantry. This year's event included 104 members and guests, raising \$21,000 to support the families and individuals in their community experiencing difficult times.

Falmouth Toyota offered two free cars for successful hole-in-one shots. Donated auction items included Patriots and Celtics tickets, an autographed NHL jersey, golfing opportunities around the state, as well as almost 50 raffle items donated by Sandwich merchants.

This event was initiated by Tom Murphy of Falmouth Toyota, and has been a lifesaver for our mission and our clients. Many thanks to Bobby Orr, the Sandwich Golf Partners and The Ridge Club staff for their support and contributions! Ridge Club members Brian White, Karen Burns and Janet Murphy have been instrumental in its success as well.



Above: **The Sandwich High School golf team**, led by coaches Brent Pearsall and Bob Travers, assisted with the golf tournament for gratuities of almost \$900, which the team members donated to the Sandwich Food Pantry. Wow! What an amazing group!

Collection Piggies and Canisters are huge supporters

Some of our best supporters are businesses and their customers who contribute to our pantry piggy or canister. Crow Farm customers have donated over \$1,000 this year! Many thanks to all our piggy supporters:

Crow Farm
Titcomb's Bookshop
Penny Lane Consignment
The Cooperative Bank of Cape Cod
Rockland Trust Bank



Stop & Shop's Food for Friends Program raises \$10,000!

Last fall, the two Stop and Shops in Sandwich raised \$10,000 for the Sandwich Food Pantry through the generosity of you, our community. The Quaker Meeting House Road store broke a record, earning \$7,000 of the total amount. Thanks to all of you customers for supporting their efforts.

Helping the Homeless

Occasionally, we receive clients who are going through homelessness, which makes it very challenging for us to provide food that is easy to eat uncooked or unrefrigerated. Last month, one of our volunteers was able to assist our homeless client by writing a job reference, which resulted in a job offer! We will continue to support the individual until they are fully back on

Spillane Family Raises \$500 selling cookies

The Spillane Family has been selling cookies at the last three SandwichFest events to raise money for the Sandwich Food Pantry in honor of their 103 year-old grandmother's birthday, Helen Goguen. This year they raised the highest so far, \$500! Thank you Sarah Spillane and family!

Donate with AmazonSmile

Are you an Amazon customer? You could help the Sandwich Food Pantry with every purchase you make on Amazon. **AmazonSmile** is a website operated by **Amazon** with the same products, prices, and shopping features as **Amazon.com**. The difference is that when you shop on **AmazonSmile**, the **AmazonSmile** Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice.

To log in to Amazon Smile: Sign in to smile.amazon.com on your desktop or mobile phone browser.

From your desktop, go to Your Account from the navigation at the top of any page, and then select the option to Change your Charity: Select Sandwich Food Pantry, Inc.



amazon**smile**
You shop. Amazon gives.

Kinlin Grover Furniture Sale

We were so grateful to be the recipients of Kinlin Grover's furniture sale in June, which raised over \$500! Thank you for thinking of us! They have moved to 133 Route 6A!

Savor the Summer Child Food Program was a huge success

In collaboration with **The Sandwich Partnership for Families**, weekly children's bags were distributed to low-income families. Snacks, fruit, milk and bread, as well as educational books, outdoor activities and art materials were provided to 72 children for 8 weeks.

We are grateful to all who donated: **Marshland Restaurants, Kalstar Realty, Sandwich Women's Club, Sandwich Mothers Club, Sandwich Public Schools, Bourne –Sandwich Lions, DeWitt Clinton Masons Lodge, Kiwanis Club of Sandwich, First Church of Christ, St. Vincent De Paul, Covenant Community Church, Forestdale Baptist Church, Sandwich Public Library, and the Sandwich High School PTA.**

A special thanks to Lauren Melillo and her Sandwich Partnership team, Victoria Dauphinais, and Christina Hallas for initiating, organizing & implementing this summer program, as well as all the community volunteers who made time in their busy schedule to help out. We hope to continue to work with them on this program next year.

New Program: Free School Lunches

Another new project we have initiated is to fund the lunch payments of any of our clients' school children who are on reduced-fare breakfast and lunches. Nourishment is essential to developing children!

Cape Cod British Car Club donated \$1,000

Many thanks to the [Cape Cod British Car Club](#), who held their 18th Annual Legends Weekend from October 5th-7th, and raised \$1,000 for our clients! What a wonderful way to help our clients through the winter!

At right, Mike Dallaire presents a check to Gigi Ridgley, director.



What is a non-profit food pantry?

The Sandwich Food Pantry is a non-profit, 501(c)3 approved public charity. That means that we are different from a town or church-sponsored food pantry in several ways:

We do not receive funding or support from a town government or church like a town or church food pantry would. We pay all our own building and utility expenses, which are our biggest expense.

A town or church food pantry is supported by the taxpayers in the town or members of the church.

Other food pantries receive their budget from the church or town. A non-profit must prepare for lean years in the future, and must budget and save to support the mission for many years.

The Sandwich Food Pantry has been fortunate to receive generous donations from our community, which allows us to budget for several years and to provide protein products such as meat, milk, and eggs, especially needed to help growing children to learn. If we were not confident of our next year's income, we would not feel secure purchasing protein-rich food items. We are also able to stock up on free food from the Boston Food Bank when it is available, as we have extra room for storage.

We are an all-volunteer pantry, and do not pay any salaries. In contrast, some pantries pay \$100,000 or more in staff salaries.

We are grateful to all of you who support our mission to care for those who are in need, whether temporary or long-term clients. Many of our clients are undergoing family, employment or medical crises. Most clients are embarrassed to accept free food, but many eventually want to pay us back by becoming donors when they have overcome the crisis at hand.

Would you like to receive our newsletter by email?

Please send an email to sfpantry@verizon.net with the subject: Email News, and your name in the body of the email. Our newsletters are produced twice yearly.

Facebook Fundraiser

Thank you to **Carla Burridge**, who held our first Facebook Fundraiser! What a great idea to think of others on your birthday! Thanks to her friends and family, and to Facebook for donating as well.

Like us on Facebook to hear our latest good news. **@SandwichFoodPantry**



Our annual budget

The Sandwich Food Pantry is responsible for overhead costs just as a business is. The following items comprise our total annual budget, which comes to approximately \$100,000 per year:

Rent and maintenance fees

Electricity, Utilities

Telephone, Internet

Van Expenses, Gas

Insurance

Boston Food Bank & Purchased food

Administrative Costs

Our building costs are our biggest expense, as storage space on Cape Cod is at a premium. We are fortunate to have enough space to store all the food that is needed, which allows us to stock up on extra items when they are low-priced.

Our goal is to buy our own building in the future to reduce our overhead costs. Some pantries have actually built their own buildings and paid off their mortgage!

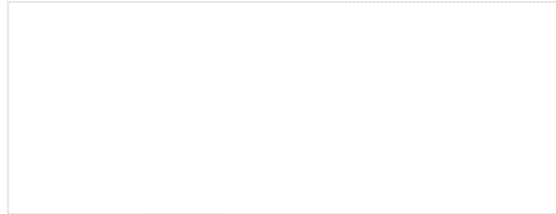
Because we are all-volunteer, we are able to save substantial funds that would otherwise be used for salaries.

We are grateful for our donors' support!



SANDWICH FOOD PANTRY

**PO Box 1824
Sandwich MA 02563**



Thanksgiving Run 2018 is coming soon!

We are looking forward to this year's Thanksgiving Run, sponsored by the Sandwich High School Athletics Booster Club. The run has provided us with \$16,000—\$18,000 per year to help our clients. This is one of our biggest fundraisers of the year.



Be sure to join us on November 22nd at 8 am. Please pre-register here:

<https://southshoreracemanagement.redpodium.com/thanksgiving-sandwich-5k-2018>



Toys for Tots Donations Needed

The Sandwich Police Department will be running the Toys for Tots Christmas program again this year. Donations are needed for needy families in Sandwich, and can be deposited at the Police Department and other drop-off locations. More locations will be publicized on our Facebook page, as well as the police department's page.

Thanks to Sandwich Police Officer Brian Bondarek, above, on his way to deliver much-needed food to an elderly resident, with Director Gigi Ridgley at left.